



Guest Speaker: Carlos Whittaker, author of “Kill the Spider”

Participant’s Guide

Speaker Bio: Carlos Whittaker describes himself as an Author, Speaker, Moment Maker, Spider Killer, and Hope Dealer. As an author, speaker, pastor, and blogger at Ragamuffin Soul, Carlos has lived much of his spiritual life in the spotlight. But like any Christian, his faith story has its ups and downs. He spent decades trying to be a “better person.” Time and time again, he strived for holiness only to get caught in the web of destructive habits, behaviors and thought patterns.

In his latest book, *Kill the Spider*, Carlos shares personal material ranging from hilarious, self-deprecating stories to passion-filled wisdom to show others it’s not enough to try and “stop sinning.” He teaches that knocking out deep-rooted habits and issues comes by treating the issue, not just the symptoms.

Opening Discussion Question: How do you feel about spiders?

- 1. What did you think was the KEY message from Carlos?**
- 2. What point from the message spoke to you the most? How did it affect you?**
- 3. Was there anything in the message that surprised you?**

4. **Did Carlos' message raise any questions for you?**

5. **In light of what you heard, what changes do you think God wants you to make in your attitude, words, or actions?**

6. **Is there someone you can think of who needs to hear what you learned? How can you share what you learned with someone else?**

Next Steps:

Carlos gave some great next steps in his message:

Step 1: Pay attention (to the Holy Spirit) **Romans 8:6**

Step 2: Ask Questions (Pray) **James 1:5**

Ask God to reveal Himself to you.

Ask "What's the agreement I made with lies?"

Step 3: Kill the Spider! **John 10:10**

- Confess the lie
- Reject the lie
- Replace it with God's truth!

Reading Plan:

Sunday: 2 Corinthians 3:7-18
Monday: 2 Corinthians 5:11-21
Tuesday: Galatians 5:1-26
Wednesday: Romans 8:5-17
Thursday: 1 John 1:5-10
Friday: James 4:1-17
Saturday: 1 Peter 5:8-11